

Planet Ice Basingstoke

BISON HOCKEY CAMP

(REGISTERED WITH THE ENGLISH ICE HOCKEY ASSOCIATION)

August 23rd - August 27th 2010

9am - 5:45pm

Mon - Fri

Under 10s

Under 12s

Under 14s

£230

Steve Moria
Basingstoke Bison Head Coach

Stewart Wright
Power & Stamina Coach
& Guest Bison Players

Special rate for goalies

FOR MORE INFORMATION CONTACT

STEVE MORIA
BISON HOCKEY CAMP
PLANET ICE ARENA,
LEISURE PARK,
BASINGSTOKE,
HAMPSHIRE,
RG22 6PG

TEL: 01256 355266

FAX: 01256 357367

EMAIL: MOCAT19@YAHOO.CO.UK

WWW.BSTOKEBISON.CO.UK



On Ice Sessions

PLAYERS WILL BE SEPARATED INTO GROUPS FOR ON ICE SESSIONS ACCORDING TO AGE, EXPERIENCE AND SKILLS LEVEL. IF YOU ARE ASKED TO MOVE GROUP, THIS WILL BE FOR YOUR BENEFIT ONLY. THE MORNING SESSION WILL BE PRIMARILY USED FOR SKILL DEVELOPMENT VIA STATION WORK AND THE AFTERNOON SESSION WILL BE MORE FUN BASED AND TEAM ORIENTATED.



WE AIM TO IMPROVE YOUR GAME OVER THE WEEK THROUGH VARIOUS DRILLS, POWER SKATING, EDGE CONTROL AND PUCK CONTROL LESSONS TOGETHER WITH HOCKEY GAMES AND FUN SESSIONS.

Off Ice Sessions



- 2.5 HOURS ON ICE DAILY
 - 12.5 HOURS IN TOTAL
 - OFF ICE DEVELOPMENT
- THEORY/SEMINAR CLASSES
- GYM, PERSONAL TRAINER (OVER 8 YEARS OLD ONLY)
 - OFF ICE FITNESS
 - CIRCUIT TRAINING
 - VIDEO ANALYSIS
 - CAMP JERSEY
 - PLYOMETRICS

THE OFF ICE SESSIONS MAY BE SUBJECT TO CHANGE

WE HOPE TO CHALLENGE YOU INDIVIDUALLY TO REACH YOUR FULL POTENTIAL AS A TEAM PLAYER AND ENCOURAGE YOUR DEDICATION AND SPORTSMANSHIP. WE BELIEVE THAT THE ON ICE AND OFF ICE SESSIONS COMBINED WILL INCREASE YOUR CONFIDENCE AS WELL AS YOUR HEALTH, FITNESS AND WELL BEING.

BISON HOCKEY CAMP

**With Steve Moria
Bison Head Coach**

AUGUST 23RD – AUGUST 28TH 2010

APPLICATION FORM

£230

NAME OF PLAYER:

ADDRESS:

.....

POST CODE: **TEL:**.....

MOBILE:

EMAIL ADDRESS:

AGE AT HOCKEY CAMP: **DATE OF BIRTH:**

RINK USED/TEAM:

POSITION PLAYED:

E.I.H.A No:

**IF THIS SECTION IS LEFT BLANK, YOUR APPLICATION FORM
WILL NOT BE PROCESSED UNTIL THE RELEVANT
INFORMATION IS SOUGHT.**

DOCTOR'S NAME:

DOCTOR'S TELEPHONE NUMBER:

PERSON TO BE CONTACTED IN AN EMERGENCY:

.....

THEIR TELEPHONE NUMBER:

MOBILE:

MEDICAL FORM

IF THE PLAYER IS UNDER 18 YEARS OLD AT THE START OF THE SCHOOL, A PARENT/LEGAL GUARDIAN SHOULD COMPLETE THIS SECTION.

IF THE ANSWER IS YES TO ANY QUESTION, PLEASE GIVE DETAILS.

HAVE YOU HAD ANY FRACTURES?
.....

HAVE YOU EVER HAD ANY MAJOR ILLNESS?
.....

ARE YOU ALLERGIC TO ANY DRUGS OR MEDICINE?
.....

DO YOU SUFFER FROM ASTHMA OR HAYFEVER?
.....

IF SO, WHAT TREATMENT DO YOU TAKE?
.....

ARE THERE ANY OTHER AILMENTS YOU WISH TO MENTION?
.....

CONSENT:

I AUTHORISE AN OFFICIAL OF THE HOCKEY CAMP TO GIVE PERMISSION IN AN EMERGENCY FOR MEDICAL STAFF TO CARRY OUT MEDICAL OR SURGICAL TREATMENT.

SIGNED:

PARENT / GUARDIAN

DATE:

HOCKEY JERSEY

PLEASE MAKE SURE YOU MEASURE A ICE HOCKEY SHIRT THAT FITS WITH KIT ON, REVERSE IT THEN MEASURE FROM UNDER ARM TO UNDER ARM, DOUBLE THIS MEASUREMENT THEN TAKE THE SIZE AND COMPARE IT TO OUR SIZING CHART. THE SHIRT WILL BE LARGER THEN YOUR CHEST SIZE TO ALLOW FOR PADDING. PLEASE REQUEST A LARGER SHIRT IF YOUR PADDING IS PARTICULARLY THICK. SHIRTS CANNOT BE EXCHANGED.

THE CLOSING DATE FOR A GUARANTEED HOCKEY CAMP SHIRT IS JULY 10TH 2010.

FORMS RECEIVED FROM PUPILS AFTER THIS DATE WILL STILL BE GIVEN A SHIRT BUT POSSIBLY AT A LATER DATE.

	JERSEY SIZES INCHES	YOUR JERSEY SIZE IN INCHES	SIZE REQUIRED
XXS	38"		
XS	40"		
Small	42"		
Medium	44"		
Large	46"		
XL	48"		
XXL	52"		

MEALS

LUNCH & A DRINK IS INCLUDED IN THE COST OF THE HOCKEY CAMP AND WE WILL ASK PARENTS TO PACK A SNACK A DRINK.

(NUTRIA GRAIN BAR/ WATER)

ARE YOU ALLERGIC TO ANY FOODSTUFFS, I.E. NUTS?

.....

A PACK LUNCH CAN BE USED, BUT NO DEDUCTIONS WILL BE MADE FROM THE SUMMER CAMP COST.

PHOTO CONSENT

PLEASE TICK ONE BOX

YES

NO

**I HEREBY GIVE CONSENT TO
..... HAVING HIS/HER
PHOTOGRAPH TAKEN AND/OR A
DVD BEING MADE FOR THE
PURPOSE OF HOCKEY CAMP
PUBLICITY.**

SIGNED:

PAYMENT

**A DEPOSIT OF £60 IS REQUIRED TO SECURE YOUR
BOOKING. THE DEPOSIT IS NON RETURNABLE AS
ACTIVITIES NEED TO BE PAID FOR IN ADVANCED. FULL
PAYMENT WILL BE REQUIRED 10 DAYS PRIOR TO THE
START OF THE HOCKEY CAMP.**

**PAYMENT CAN BE MADE BY CHEQUE (MADE PAYABLE TO
“PLANET ICE LTD”) OR BY CASH TO STEVE MORIA.**

**PLEASE FORWARD THIS COMPLETED APPLICATION FORM
AND £60 DEPOSIT OR FULL PAYMENT TO:**

**STEVE MORIA
BISON HOCKEY CAMP
PLANET ICE ARENA,
LEISURE PARK,
BASINGSTOKE,
HAMPSHIRE,
RG22 6PG**